

October is Bullying Prevention Month across the United States. This Wednesday was Unity Day 2015. Rib Lake, Prentice and Thorp participated in wearing **ORANGE** to symbolize being *Together Against Bullying, United for Kindness, Acceptance and Inclusion*.

## As a starting point, there are elements that are included in most definitions of bullying. An act is defined as bullying when:

- The behavior hurts, humiliates, or harms another person physically or emotionally.

- Those targeted have difficulty stopping the action and struggle to defend themselves.

- The behavior can be direct, with physical behaviors, such as fighting or name calling, or it can be covert, with emotional-social interactions, such as gossiping or leaving someone out on purpose.

BULLYING WAS ONCE CONSIDERED A SIMPLE, HARMLESS RITE OF CHILDHOOD EXPERIENCED BY MANY STUDENTS. TODAY, RESEARCH SHOWS THAT BULLYING HAS SIGNIFICANT SHORT AND LONG-TERM EFFECTS THAT IMPACT EDUCATION, HEALTH AND SAFETY. TAKE A STAND AGAINST BULLYING!



Wednesday, Rib Lake High School students presented to elementary and middle school students about bullying prevention





Following the presentation, all students and staff signed a poster stating: "Unity, Bully-free starts with ME." By signing the poster, students and staff agree to take a stand against bullying



Source: www.pacer.org/bullying

Thank you for supporting our Unity game to unite for kindness, acceptance and inclusion. For more information on bullying prevention, visit www.Pacer.org/bullying